

Cavendish Sports Centre

Eldon Road, Eastbourne, BN21 1UE

01323 647683



Gym session times Monday to Friday

18:00 to
19:30

16:30 to
18:00

19:30 to
21:00

Gym session times Saturday

09:00 to
10:30

10:30 to
12:00

12:00 to
13:00

Please note: Those aged 14 to 16 years must be accompanied by a parent, guardian or appropriate adult over the age of 18 years.