

Gym session times Monday to Friday

08:30 to 10:00	10:00 to 11:30	11:30 to 13:00	13:00 to 14:30	14:30 to 16:00	16:00 to 17:30	17:30 to 19:00	19:00 to 20:30	20:30 to 21:30
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Gym session times Saturday

08:00 to 09:30	09:30 to 11:00	11:00 to 12:30	12:30 to 14:00
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Gym session times Sunday

08:30 to 10:00	10:00 to 11:30	11:30 to 13:00	13:00 to 14:00
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